

# 2-6 Months

## Department of State Health Services Child Health Record Preventive Health Visit

### Client Information

Name: \_\_\_\_\_  
DOB: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_  
SSN/Record No.: \_\_\_\_\_  
Race/Ethnicity: \_\_\_\_\_  
Informant/Relationship: \_\_\_\_\_  
Medical Home: \_\_\_\_\_

### Family Profile and Health

\_\_\_\_\_ No change in household since last visit  
**Child lives with:**  
\_\_\_\_\_ Mother \_\_\_\_\_ Father \_\_\_\_\_ Stepparent \_\_\_\_\_ Grandparent  
\_\_\_\_\_ Other  
Total adults living in home: \_\_\_\_\_  
Total children living in home: \_\_\_\_\_  
Primary caretaker for this child: \_\_\_\_\_  
Relationship: \_\_\_\_\_  
**Family's concerns/problems:**

### Development

**Parent's concerns:**  
  
Developmental Assessment: \_\_\_\_\_ P \_\_\_\_\_ F  
**Type of Developmental Screen:**  
Standardized Parent Questionnaire: \_\_\_\_\_  
Standardized Observational Screen: \_\_\_\_\_  
Other: \_\_\_\_\_  
Further assessment needed: \_\_\_\_\_ Y \_\_\_\_\_ N  
**Mental Health** (see "Key Elements" on reverse side):

### Child's Health

**Allergies:**  
Does the system review note any problems  
or parent concerns: \_\_\_\_\_ Y \_\_\_\_\_ N  
Explain:  
Major illness, injury, hospitalization, surgery (since last visit):  
  
Medications taken regularly – Type/Reason:

### Physical Examination

Hct/Hgb \_\_\_\_\_ Lead \_\_\_\_\_  
Temp \_\_\_\_\_ Pulse \_\_\_\_\_ Resp \_\_\_\_\_  
FOC \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_  
(%) \_\_\_\_\_ (%) \_\_\_\_\_ (%) \_\_\_\_\_

<b>N</b> _____ <b>A</b> _____ <b>NE</b> _____	<b>N</b> _____ <b>A</b> _____ <b>NE</b> _____
_____ Appearance	_____ Heart/pulses
_____ Head/fontanel	_____ Lungs
_____ Skin/nodes	_____ Abdomen
_____ Eyes (RR)	_____ Genitalia/anus
_____ Ears	_____ Spine/hips
_____ Nose	_____ Extremities
_____ Mouth/throat	<b>Neurologic:</b>
_____ Teeth	_____ Muscle tone
_____ Neck	_____ DTRs
_____ Chest/breasts	_____ Primitive reflexes

**Additional documentation:**

### Nutrition

**Problems:** developmental, special diet, inappropriate weight gain/loss, chronic GI problems\* \_\_\_\_\_ Y \_\_\_\_\_ N  
*\*If answered yes, further assessment needed.*  
**Breast-fed:** Number of feedings in last 24 hours: \_\_\_\_\_  
Length of feedings: \_\_\_\_\_ **WIC:** \_\_\_\_\_ Y \_\_\_\_\_ N  
**Formula-fed:** Type: \_\_\_\_\_  
Iron fortified: \_\_\_\_\_ Y \_\_\_\_\_ N  
Ounces consumed in 24 hours: \_\_\_\_\_ Fluoride: \_\_\_\_\_ Y \_\_\_\_\_ N  
**Solid foods introduced at age:**

### Sensory

**Vision Screen:** \_\_\_\_\_ Normal \_\_\_\_\_ Abnormal  
**Hearing Screen:** \_\_\_\_\_ Normal \_\_\_\_\_ Abnormal  
**Screen used:** \_\_\_\_\_ Hearing Checklist for Parents

### Health Education

#### Injury Prevention

\_\_\_\_\_ Car safety restraints  
\_\_\_\_\_ Falls, Infant walker  
\_\_\_\_\_ Burns  
\_\_\_\_\_ Choking management  
\_\_\_\_\_ Sleep position (SIDS)  
\_\_\_\_\_ Passive smoking  
\_\_\_\_\_ Pool/bath safety

#### Health Promotion

\_\_\_\_\_ Immunizations  
\_\_\_\_\_ Thermometer use, Tylenol  
\_\_\_\_\_ Teething, wipe teeth  
\_\_\_\_\_ When to call doctor  
\_\_\_\_\_ Well-child care  
\_\_\_\_\_ Family planning

#### Behavior

\_\_\_\_\_ Parent/infant interaction  
\_\_\_\_\_ Sleeping  
\_\_\_\_\_ Inappropriate expectations  
\_\_\_\_\_ Daycare/babysitters

#### Nutrition

\_\_\_\_\_ Breastfeeding  
\_\_\_\_\_ No solids until 4 months  
\_\_\_\_\_ Formula preparation  
\_\_\_\_\_ Infant held (no bottle in bed)

### Assessment

### Plan

WIC: \_\_\_\_\_ Referred \_\_\_\_\_ Refused \_\_\_\_\_ N/A  
Immunizations: Up to date \_\_\_\_\_ To be given today \_\_\_\_\_ Deferred  
Explain:  
Lab:  
Newborn Screening: Up to date \_\_\_\_\_ To be done today  
Next appointment:

Date: \_\_\_\_\_ Signature/Title: \_\_\_\_\_ Signature/Title: \_\_\_\_\_

**2-6 Months**

If used for documentation: \_\_\_\_\_

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Key Elements**

**Systems Review**

Skin: Rashes, infections

Ears: Hearing or ear problems

Eyes: Eye discharge, deviation, excessive tearing

Nose/Mouth/Throat: Nasal congestion

Cardio/respiratory: History of murmur, trouble with breathing, wheezing

Gastrointestinal: Bowel movement frequency, problems/concerns, vomiting

Genitourinary: (Male) Normal stream, number of wet diapers

Neuromuscular: Seizures, coordinated movements

Musculoskeletal: Fractures, range of motion

**Mental Health**

The mental health assessment of this age also includes the developmental assessment and information from the family profile.

Feelings: Anxious, cries excessively or too little, irritable

Behavior: Overactivity, listlessness

Social Interaction: Failure to respond socially

Thinking: Unattentive

Physical Problems: Low weight for age, weight loss, vomits, problem eating, lacks energy, sleeping problems

Other: Known history of neglect, physical, sexual or emotional abuse, prenatal substance abuse

**Development**

**2 Months**

- Smiles responsively
- Inspects surroundings
- Vocalizes in play
- Lifts head

**4 Months**

- Looks for source of sound
- Hands together
- Vocalizes to show displeasure
- Head steady in supported position

**6 Months**

- Reaches for objects
- Responds to own name
- Vocal imitation, imitates speech sounds
- Rolls over

**Progress Notes**

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